

COLUMBIA PROSTHETICS AND ORTHOTICS

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Cervical Collar

You have been fit with a Cervical Collar. Sometimes your ordering physician wants you to use this full-time. Other times a gradual break-in period is allowed so you can get used to the collar. If so, you should be using it the recommended time as soon as possible.

Following any use, remove your collar and inspect your skin. There may be some skin redness from pressure areas. Redness should not persist for more than 20 minutes after removal. Redness that does not disappear can be a sign of excess pressure. If you have any sign of excess pressure, numbness, tingling, color change, excessive itching, swelling or pain develops, please call us immediately. You should contact our office to speak with one of our practitioners and to schedule a follow up visit for any needed adjustments. Failure to do so could lead to further skin breakdown.



*This is a sample image.
Your collar might be
different.*

The collar is designed to support your head and neck and limit the motion of your spine. You should wear it as instructed by your doctor. Washing of the collar should be done only as your wearing schedule allows. If washing is allowed, your neck must be immobilized during the procedure. Your orthosis or lining can be cleaned with a wash cloth and mild soapy water. Make certain all soap residue is removed and the collar is completely dry before re-applying. Make certain the collar is reapplied properly, with all straps secured snugly.

Make sure you are comfortable with how to properly put on and take off your collar. Never attempt to modify your collar yourself.

Please inspect your collar regularly for any signs of wear including cracking, loose parts, or decreased effectiveness of the collar, and call our office as needed.

I have received a copy of these instructions and understand to contact the above office if I have any questions or concerns.

Patient Signature _____ Date _____